

## Accessing the Under18 Service

Young people can be referred into the Under18 Service via the following routes:

CAF assessment identifies unmet needs that require a single agency response – send a completed CAF form by post (marked 'Confidential to Addressee') or by fax (please check a worker is waiting to receive it) to the Under18 office.

CAF assessment identifies unmet needs that require a multi-agency response – send a copy of the CAF form (as above) and call the office to invite a worker to attend a CAF multi-agency meeting.

SID is a tool to support professionals in identifying young people's substance misuse needs and accessing appropriate services. For information and a copy of the tool please go to: [www.nordat.org.uk](http://www.nordat.org.uk)

For more information about Norfolk's CAF process please go to:

[www.everynorfolkchildmatters.org](http://www.everynorfolkchildmatters.org)

## Contact Details

9.00am – 5.00pm (Monday – Thursday)

9.00am – 4.30pm (Friday)

(Answerphone at other times)

Under18

The Matthew Project @ OPEN

20 Bank Plain

Norwich, NR2 4SF

Tel: 01603 774360

Fax: 01603 614953

The Matthew Project  
Limited Company No. 6388343  
Registered Charity No. 1122801

Norfolk and Waveney   
Mental Health  
NHS Foundation Trust

  
communication for all

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**TACKLING  
DRUGS  
CHANGING  
LIVES**



## Norfolk Young People's Drug & Alcohol Service

Information for professionals  
working with young people

[under18@matthewproject.org](mailto:under18@matthewproject.org)

Telephone: 01603 774360

[www.matthewproject.org](http://www.matthewproject.org)

## Service Summary

The Matthew Project Under18 Service is a multi-agency team of drug and alcohol workers providing a range of universal, targeted and specialist interventions for young people under 18 in Norfolk.

The service comprises 3 multi-disciplinary teams based in King's Lynn, Norwich and Great Yarmouth who cover the whole county.

Workers include young people's substance misuse workers, counsellors, nurses and a social worker who are employed by The Matthew Project, Trust Alcohol and Drug Service and Children's Services.

We will meet young people in any appropriate location which could be in school, a community centre, a local surgery or a team base.

## Universal & Targeted Interventions

- Lessons and assemblies focused on drugs and alcohol in schools and alternative educational settings
- Informal education on The Matthew Project Voicebox caravan in schools and in other community settings
- Pro-active outreach targeted at vulnerable young people
- Advice and information
- One to one support and brief interventions
- Support for young people affected by someone else's substance misuse
- Support for parents and carers including drug and alcohol awareness sessions

Please call the Under18 office to book formal or informal education sessions on 01603 774360.

## Specialist Interventions

- Comprehensive assessment
- Regular one to one support with a care plan
- Counselling
- Harm reduction including blood borne virus testing and vaccinations
- Community Prescribing
- Family interventions
- Access to residential substance misuse treatment

## Consultancy

We are happy to provide consultancy for anyone working with young people and calls should be directed to the Under18 office in Norwich on:

**01603 774360**

Young people, parents and carers should call the Under18 Helpline on 0800 970 4866 or 01603 774355.